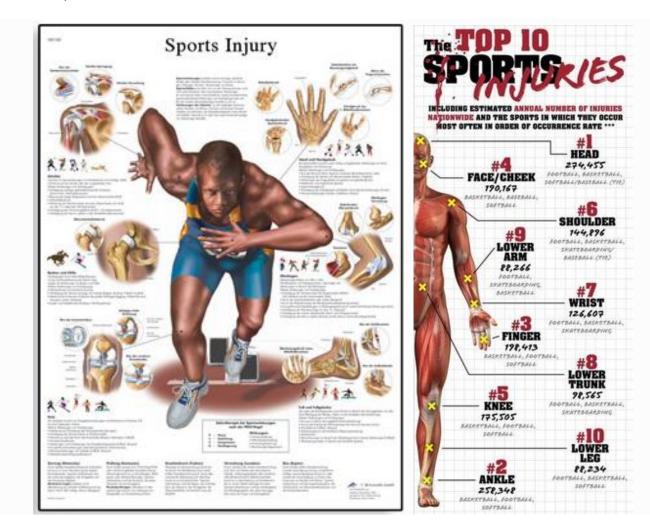
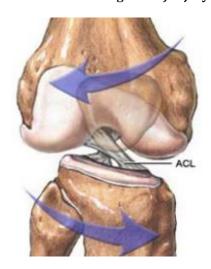
GENERAL INJURIES ACCOCIATED WITH SPORTS AND ATHLETICS

The RST Trainer can be used with great success for **PREVENTATIVE** and rehab exercises to assist in the restoration process of injuries.

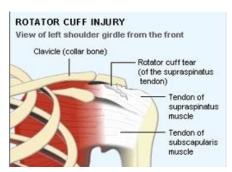


ACL (Anterior Cruciate Ligament) Injury - Knee

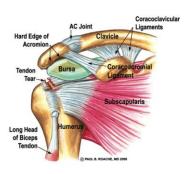




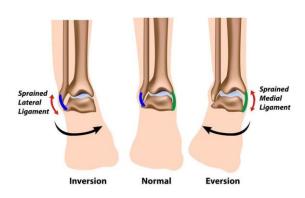
RST - Rotator Cuff Tear



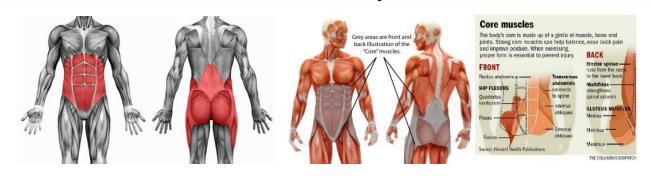




Ankle Injuries



Lower Trunk and Spine



Wrist Injuries

